

Spring Menu Week 1 (2)

April 28th - May 4th, 2025

MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 1	FRIDAY 2	SATURDAY 3	SUNDAY 4
<p>Toast Milk, Coffee, Tea, Juice Oatmeal, Cream of Wheat Dry Cereal Yogurt Poached Eggs Prunes</p>	<p>Toast Milk, Coffee, Tea, Juice Oatmeal Dry Cereal Yogurt Fried Eggs Prunes</p>	<p>Toast Milk, Coffee, Tea, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Scrambled Eggs Ham Prunes</p>	<p>Toast Milk, Coffee, Tea, Juice Oatmeal Dry Cereal Yogurt French Toast - Fruit Sauce Prunes</p>	<p>Toast Milk, Coffee, Tea, Juice Oatmeal, Cream of Wheat Dry Cereal Yogurt Poached Eggs Turkey Sausages Prunes</p>	<p>Toast Milk, Coffee, Tea, Juice Oatmeal Dry Cereal Yogurt Scrambled Eggs Prunes</p>	<p>Toast Milk, Coffee, Tea, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Hard Boiled Eggs Prunes</p>
<p>Carrot, Ginger & Coconut (GF-DF)</p> <p>"MKC MAC" Burger Beef Patty, Cheddar, Pickles, Onions 1000 Island Dressing French Fries ...or...</p> <p>MKC Cold Plate</p> <p>Ice Cream</p>	<p>Tomato Macaroni (DF)</p> <p>Pork Tenderloin Sandwich Toasted Rye, Mustard, Lettuce Oven Roasted Pork Tenderloin Carrot & Raisin Salad ...or...</p> <p>Egg Salad Sandwich</p> <p>Cookies</p>	<p>Potato Leek (GF)</p> <p>Beef Stuffed Yorkshire Pudding Beef, Caramelized Onion, Gravy French Fries ...or...</p> <p>MKC Cold Plate</p> <p>Peaches and Whipped Cream</p>	<p>Lemon Chicken & Rice (GF-DF)</p> <p>Tomato & Guacamole Benedict Poached Egg, Hollandaise Sauce Tomato, Guacamole Fried Hashbrowns ...or...</p> <p>Ham Salad Sandwich</p> <p>Jell-O</p>	<p>Roasted Squash & Apple (GF-DF)</p> <p>Hawaiian Chicken Sandwich Brioche Bun, Lettuce Pineapple Salsa, Bacon Macaroni Salad ...or...</p> <p>MKC Cold Plate</p> <p>Puffed Wheat Cake</p>	<p>Broccoli & Cheddar (GF)</p> <p>Antipasto Focaccia Sandwich Ham, Salami, Lettuce, Cream Cheese Green Olives, Red Onion, Tomato Cucumber Dill Salad ...or...</p> <p>Salmon Salad Sandwich</p> <p>Blueberry Loaf</p>	<p>Beef Barley (DF)</p> <p>Veggie Quesadilla Caramelized Onion, Peppers, Cheese Sour Cream, Salsa Side Salad ...or...</p> <p>MKC Cold Plate</p> <p>Nanaimo Bar</p>
<p>Shrimp Putinesque Pasta Shrimp, Capers, Tomato, Olives Garlic Breadstick Side Salad Gluten Free Pasta Available ...or...</p> <p>BBQ Chicken Salad Lettuce, Corn, Peppers, Onion, Tomato Shredded Cheddar, BBQ Chicken Crispy Tortilla Strips Ranch Dressing</p> <p>Roll, Tomato Juice</p> <p>Chef's Choice</p>	<p>Honey Garlic Crispy Chicken Bites Steamed Bok Choy & Broccoli Vegetable Chow Mein Gluten Free Chicken Available ...or...</p> <p>Cinnamon Sugar Waffles Strawberry Sauce Peanut Butter Whip Cream</p> <p>Roll, Tomato Juice</p> <p>Coconut Cake</p>	<p>Turkey Meatloaf (DF) Ratatouille Vegetables (Eggplant, Zucchini, Peppers, Tomato) Mashed Potato Turkey Gravy Gluten Free Meatloaf Available ...or...</p> <p>Polenta "Fries" Ratatouille Vegetables (Eggplant, Zucchini, Peppers, Tomato) Mashed Potato Turkey Gravy</p> <p>Roll, Tomato Juice</p> <p>Caramel Pecan Chocolate Cake</p>	<p>Citrus Soy Braised Beef (GF-DF) Dill Roasted Beets Boiled Potato ...or...</p> <p>Spinach & Cheese Cannelloni Alfredo Sauce Garlic Breadstick</p> <p>Roll, Tomato Juice</p> <p>Strawberry Shortcake</p>	<p>Oven Baked Cod (DF) Steamed Cauliflower & Broccoli Brown Vegetable Fried Rice Gluten Free Fish Available ...or...</p> <p>Cheddar & Potato Perogies Farmers Sausage Fried Onions Sour Cream</p> <p>Roll, Tomato Juice</p> <p>Raisin Pie</p>	<p>Honey Mustard Chicken & Apples (GF-DF) Green Beans Mashed Potato Gravy ...or...</p> <p>Vegetarian Chili (GF-DF) Garlic Toast</p> <p>Roll, Tomato Juice</p> <p>Mandarin Cake</p>	<p>Bacon Wrapped Pork Tenderloin (GF-DF) Dill Butter Carrots Scalloped Potatoes</p> <p>Roll, Tomato Juice</p> <p>Lemon Meringue Pie</p>

GF = Gluten Free

DF = Dairy Free

- All Sandwiches Can Be Made GLUTEN FREE. Bring your bread in!!!
- Apples, oranges, and Bananas are available at each meal only as a dessert substitute.

- Menus may be changed due to product availability and shortages which are out of our control.