June 23rd - June 29th, 2025

Spring Menu Week 4 (3)

une 23rd - June 29th, 2025		I				
MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27	SATURDAY 28	SUNDAY 29
Toast	Toast	Toast	Toast	Toast	Toast	Toast
Milk, Coffee, Tea, Juice	Milk, Coffee, Tea, Juice	Milk, Coffee, Tea, Juice	Milk, Coffee, Tea, Juice	Milk, Coffee, Tea, Juice	Milk, Coffee, Tea, Juice	Milk, Coffee, Tea, Juice
Oatmeal, Cream of Wheat	Oatmeal	Oatmeal, Sunny Boy Cereal	Oatmeal	Oatmeal, Cream of Wheat	Oatmeal	Oatmeal, Sunny Boy Cer
Dry Cereal	Dry Cereal	Dry Cereal	Dry Cereal	Dry Cereal	Dry Cereal	Dry Cereal
Yogurt	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
Poached Eggs	Fried Egg	Poached Eggs	Raisin Toast	Scrambled Eggs	Poached Eggs	Scrambled Eggs
Prunes	Turkey Breakfast Sausage	Prunes	Prunes	Ham	Prunes	Pork Breakfast Sausage
. ranso	Prunes	i ranoo	i ranoo	Prunes	i runoo	Prunes
Tomato (GF-DF)	Beef & Rice (GF-DF)	Cream Of Celery & Leek (GF)	Chicken Noodle (DF)	Broccoli Cheddar (GF)	Vegetable Soup (GF-DF)	Clam Chowder (GF)
Beef Burger	Ham, Swiss & Asparagus Melt	Spring Roll Salad	Tomato Cheddar Benedict	Pulled Chicken & Apple Slaw	Beef Chili Dog	Fresh Fruit Plate
Honey Mustard, Dill Pickle, Lettuce	Ham, Swiss & Asparagus, French Bread		Tomato Slice, Cheddar, English Muffin	Sandwich on a W.W Kaiser Bun	Onion Rings	Cottage Cheese
Red Onion, Tomato	Devilled Egg Macaroni Salad	Cucumber, Rice Noodles, Peanuts	Hollandaise Sauce	Pickled Beets	g-	Raisin Toast
Sweet Potato Fries		Fresh Mint & Cilantro, Spring Rolls	Fried Hashbrowns			
		Ginger Dressing				
or	or	or	or	or	or	or
MKC Cold Plate	Egg Salad Sandwich	Roast Beef & Bean Plate	Salmon Sandwich	MKC Cold Plate	Egg Salad Sandwich	MKC Cold Plate
	-33	Sliced Roast Beef, Chilled 3-Bean Salad			-99	
		Cherry Tomato, Garlic Bread knots				
Ice Cream	Vanilla Mousse	Cookie	Jell-O	Fresh Fruit Tart	Peaches & Whip Cream	Nanaimo Bar
Baked Macaroni & Cheese	Chicken A'la King Vol au Vent	Grilled Bratwurst Sausage (GF-DF)	Crispy Ginger Beef (DF)	Fish & Chips (DF)	Turkey Salisbury Steak (DF)	
Garlic Breadstick	Dill Roasted Beets	Braised Red Cabbage	Steamed Broccoli	Creamy Coleslaw	Roasted Zucchini & Onion	
Side Salad	Mashed Potato	Boiled Potato	Vegetable Chow Mein	French Fries	Mashed Potato	
Gluten Free Pasta & Cream Sauce Available	Chicken Gravy		Gluten Free Beef Available	Tartar Sauce, Lemon Wedge	Turkey Gravy	Baked Ham (GF-DF)
	Gluten Free Chicken Stew Available			Gluten Free Fish Available	Cranberry Sauce	Buttered Carrots
					Gluten Free Salisbury Steak Available	Scalloped Potato
or	or	or	or	or	or	Applesauce
Roasted Beet & Chicken Salad (GF-DF)	Fresh Fruit Crepes	Turkey Pot Pie	Wedge Salad	Baked Beans & Wieners	Meat lovers Poutine	
Sliced Roasted Beets, Shredded Chicken	Whip Cream	Braised Red Cabbage	Iceburg Wedge, Bacon, Blue Cheese	Vegetarian Baked Beans, Beef Hot Dog	Bacon, Sausage, Ham, Gr.Onion	
tisan Greens, Mandarins, Cucumber, Onion	Bacon	Boiled Potato	Cherry Tomato, Balsamic Reduction	Garlic Breadstick	Cheese Curds, Beef Gravy	
Candied Walnuts, Apples		Turkey Gravy	Blue Cheese Dressing			
Lemon Vinaigrette						
Garlic Breadstick						
Roll, Tomato Juice	Roll, Tomato Juice	Roll, Tomato Juice	Roll, Tomato Juice	Roll, Tomato Juice	Roll, Tomato Juice	Roll, Tomato Juice
Oha a sheka Oma ana Dia	Apple Brown Sugar Bread Pudding	Strawberry Shortcake	Chai Tea Panna Cotta	Cheesecake Night!	Angel Food Cake - Blueberry Sauce	Applo Dio & Vanilla Ico Cr
Chocolate Cream Pie	Apple blown Sugar bleau Fuuuniu	Strawberry Shortcake			Aliger Food Cake - Didebelly Sauce	Apple Field Valilla ice Cit

GF - Giulen Free

DF = Dairy Free

• All Sandwiches Can Be Made GLUTEN FREE. Bring your bread in!!!

• Apples, oranges, and Bananas are available at each meal only as a dessert substitute.

• Menus may be changed due to product availability and shortages which are out of our control.