

Summer Menu 2

July 7th - July 13th, 2024

MONDAY 7	TUESDAY 8	WEDNESDAY 9	THURSDAY 10	FRIDAY 11	SATURDAY 12	SUNDAY 13
Toast Milk, Coffee, Juice, Tea Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Prunes	Toast Milk, Coffee, Juice, Tea Oatmeal Dry Cereal Yogurt Parfait Fried Eggs Sausage Prunes	Toast Milk, Coffee, Juice, Tea Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Scrambled Eggs Prunes	Toast Milk, Coffee, Juice, Tea Oatmeal Dry Cereal Peach Baked Brioche French Toast Yogurt Parfait Prunes	Toast Milk, Coffee, Juice, Tea Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Ham Prunes	Toast Milk, Coffee, Juice, Tea Oatmeal Dry Cereal Yogurt Parfait Scrambled Eggs Prunes	Toast Milk, Coffee, Juice, Tea Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Poached Eggs Turkey Bacon Prunes
Beet Borscht (GF-DF)	Tomato Macaroni (DF)	Dill Pickle Soup (GF)	Vegetable Beef (GF-DF)	French Onion (GF)	Stuffed Pepper Soup (GF-DF)	Lemon Chicken & Rice (GF-DF)
Beef & Bacon Burger Bacon, Lettuce, Tomato, Mayo Onion Rings	Hawaiian Chicken Salad Croissant Chicken Salad, Alfalfa Sprouts, Croissant Copper Penny Salad	Summer Fruit & Nut Salad Blueberries, Mandarins, Strawberries Feta, Cucumber, Blueberries, Feta Toasted Seeds, Candied Nuts Balsamic Vinaigrette	MKC Meat lovers Breakfast Skillet Ham, Bacon, Peppers Sausage, Poached Egg, Cheese Shredded Hashbrowns	Chicken Taco Salad Chicken, Lettuce, Tomato, Onion Crispy Tortilla Strips, Cheese Sour Cream, Salsa	Oktoberfest Sausage on a Bun Sauteed Peppers & Onions Potato Salad	Traditional Eggs Benedict Ham, English Muffin, Poached Egg Hollandaise Sauce Hashbrowns
...or...	...or...	...or...	...or...	...or...	...or...	...or...
MKC Cold Plate	Cheese & Cracker Plate Devilleed Egg, Cheese Slices, Crackers Bread & Butter Pickles, Garlic Coil	MKC Cold Plate	Tuna Salad Sandwich	MKC Cold Plate	Egg Salad Sandwich	MKC Cold Plate
Ice Cream	Cookies	Pudding	Cherry Delight Dessert	Puffed Wheat Cake	Banana Bread	Cantaloupe
Spaghetti & Turkey Meat Sauce Tossed Salad Garlic Breadstick Gluten Free Pasta Available	Creamy Mushroom Pork Chop (GF) Creamy Mushroom Sauce Corn On The Cob Steamed New Potato	Spanish Chicken Breast (GF-DF) Roasted Tomato & Red Onion, Olives Capers, Tomato Sauce, Lemon Green Beans Parmesan Herb Soft Polenta	Swedish Beef Meatballs Onion & Mushrooms Gravy Peas & Carrots Mashed Potato Gluten Free Meatballs Available	Honey Mustard Salmon Roasted Broccoli & Cauliflower Long Grain Rice Lemon Wedge	Chicken Strips Oil & Vinegar Coleslaw French Fries Honey Dill Sauce	Oven Roasted Turkey Mashed Rutabaga Mashed Potato Turkey Gravy Cranberry Sauce
...or...	...or...	...or...	...or...	...or...	...or...	...or...
Baked Wieners & Beans Tossed Salad Garlic Breadstick	Buttermilk Pancakes Fresh Strawberries & Blueberries Whip Cream Bacon	Crispy Goat Cheese Eggplant Roll-up Green Beans Parmesan Herb Soft Polenta Gluten Free Roll-Ups Available	California Salad Greens, Avocado, Charred Corn Cucumber, Strawberry, Goat Cheese Slivered Almonds, Seeds Lemon Poppyseed Vinaigrette	Butternut Squash Ravioli Creamy Alfredo Sauce Garlic Breadstick	Fresh Fruit Plate House made Granola Honey Cottage Cheese	
Roll, Tomato Juice	Roll, Tomato Juice	Roll, Tomato Juice	Roll, Tomato Juice	Roll, Tomato Juice	Roll, Tomato Juice	Roll, Tomato Juice
Chef's Choice	Raisin Rice Pudding	Fresh Fruit Pavlova	Strawberries & Whip Cream	Peanut Buster Brownie Parfait	Vanilla Panna Cotta	Lemon Meringue Pie

GF = Gluten Free

DF = Dairy Free

- All Sandwiches Can Be Made GLUTEN FREE. Bring your bread in!!!
- Apples, oranges, and Bananas are available at each meal only as a dessert substitute.
- Menus may be changed due to product availability and shortages which are out of our control.