

January 12th - January 18th, 2026						
Winter Menu Week 2 (2)						
MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16	SATURDAY 17	SUNDAY 18
Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Poached Eggs Prunes	Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Fried Eggs Prunes	Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Scrambled Eggs Breakfast Sausage Prunes	Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Brown Sugar Dutch Crepes Prunes	Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Poached Eggs Prunes	Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Scrambled Eggs Bacon Prunes	Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Hard Boiled Eggs Prunes
Potato Cheddar (GF) Chicken Souvlaki Burger Chicken Breast, Tzatziki, Red Onions Feta Cheese, Lettuce, Tomato French Fries ...or... MKC Cold Plate Ice Cream	Tomato Rice (GF-DF) Mushroom & Goat Cheese Flatbread Sautéed Garlic Mushrooms, Goat Cheese Fresh Basil, Balsamic Reduction Dilly Pea Salad ...or... Crab Salad Sandwich Cookies	Salmon & Dill Chowder (GF) Tuscan Turkey Bunwich Sliced Turkey, Cream Cheese Roasted Peppers, Tomato, Lettuce Pickled Red Onion, Green Olives Pickled Beets ...or... MKC Cold Plate Strawberry Float	French Onion (GF-DF) Meat lovers Breakfast Skillet Scrambled Egg, Peppers, Green Onion, Hash Browns Corned Beef, Bacon, Fried Hashbrowns Hollandaise Sauce Choice of Toast ...or... Chicken Sandwich Pink Lady	Green Split Pea (GF-DF) Pork & Pineapple Tacos Shredded Pork, Pineapple Salsa Mexican Coleslaw ...or... Spanakopita Plate Tzatziki, Cucumber & Tomato Slices Rice Krispie Treats	Beer & Cheddar Soup (GF) Meatball Sandwich White Roll, Meatballs & Tomato Sauce Mozzarella Cheese, Sautéed Peppers Potato Chips Mandarin Oranges ...or... Egg Salad Sandwich Apple Pie Tarts	Beet Borscht (GF-DF) Cinnamon Bun w/ Cream Cheese Icing Cheddar Cheese Slices Garlic Coil Fresh Fruit Salad ...or... MKC Cold Plate Mint Nanaimo Bars
Spaghetti & Meat Sauce Garlic Breadstick Side Salad Gluten Free Pasta Available ...or... BBQ Chicken Salad Lettuce, BBQ Chicken, Corn, Cheddar Black Beans, Cucumber, Carrot Crispy Tortilla Strips Garlic Breadstick Roll, Tomato Juice Chef's Choice	Cordon Blue Stuffed Pork Chop (GF) Mozzarella, Ham Honey Dill Carrots Scalloped Potato Dairy Free Pork Available ...or... Apple Cinnamon Pancakes Whip Cream Maple Bacon Roll, Tomato Juice Strawberry Shortcake	Breaded Beef Liver Buttered Peas Sautéed Onion Mashed Potato, Gravy GF Liver Available ...or... Garlic Prawn Caesar Salad Garlic Prawns, Parmesan, Bacon Lettuce, Croutons Garlic Breadstick Roll, Tomato Juice Flapper Pie	Chinese Food Night!! Sweet & Sour Chicken Balls Vegetable Chow Mein (DF) Vegetable Spring Roll Steamed Broccoli Plum Sauce GF Chicken Available Roll, Tomato Juice Flan Cake	Southern Style Breaded Haddock Green Beans Rice Pilaf GF Fish Available ...or... Chickpea & Spinach Curry Naan Bread Roll, Tomato Juice Cherry Slice	Oven Roast Chicken Breast (GF-DF) Creamy Tarragon Sauce Steamed Brussel Sprouts Baked Potato Sour Cream ...or... Baked Penne Pasta Bacon & Cream Sauce Garlic Breadstick Roll, Tomato Juice Carrot Cake & Cream Cheese Icing	BBQ Baked Ribs (GF-DF) Buttered Corn Mashed Potato Gravy Fresh Baked Cornbread Roll, Tomato Juice Pecan Pie

GF = Gluten Free
 DF = Dairy Free

• All Sandwiches Can Be Made GLUTEN FREE. Bring your bread in!!!
 • Apples, oranges, and Bananas are available at each meal only as a dessert substitute.