

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6	SATURDAY 7	SUNDAY 8
Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Prunes	Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Fried Eggs Prunes	Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Scrambled Eggs Bacon Prunes	Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Mini Pancakes & Whip Cream Prunes	Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Ham Prunes	Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Scrambled Eggs Prunes	Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Hard Boiled Eggs Prunes
Tomato Rice (GF-DF)  "Rueben" Burger Beef Pattie, Sauerkraut, Swiss Cheese 1000 Island Dressing Onion Rings  ...Or...  MKC Cold Plate  Ice Cream	French Onion (GF-DF)  Ham, Hummus & Cheese Pinwheels Honey Mustard Potato Salad Dill Pickle  ...Or...  Egg Salad Sandwich  Cookie	Lasagna Soup (DF)  Grilled Turkey Melt French Bread, Roasted Turkey, Swiss Cheese Cranberry Sauce Bacon and Ranch Pasta Salad  ...Or...  MKC Cold Plate  Creamed Peaches	Potato Cheddar (GF)  Fresh Baked Sausage Rolls 2 Fried Eggs Fresh Tomato Slices Hashbrowns  ...Or...  Salmon Salad Sandwich  Coconut Rice Pudding	Italian Wedding Soup (DF)  Crispy Ginger Beef Vegetable & Egg Fried Rice Side Salad - Ginger Dressing  ...Or...  Cheese & Cracker Plate Cheddar, B&B Pickles, Garlic Coil Breton Crackers, Devilled Eggs  Peanut Butter Squares	Moroccan Vegetable (GF-DF)  Grilled Cheese Sandwich Crunchy Asian Coleslaw Marinated Baby Corn  ...Or...  Bologna Sandwich  Jell-O	Beef Vegetable (GF-DF)  Buttermilk Pancakes Strawberry Sauce, Whip Cream Fresh Fruit Salad All Beef Breakfast Sausage  ...Or...  MKC Cold Plate  Assorted Dainties
Tuscan Shrimp Penne Pasta Tuscan Tomato Sauce, Prawns, Parmesan Side Salad Garlic Breadstick Gluten Free Pasta Available Cream Sauce Available ...Or...  Iceburg Wedge Salad Iceburg, Blue Cheese, Cherry Tomato Bacon, Red Onion, Balsamic Reduction Blue Cheese Dressing Garlic Breadstick Roll, Tomato Juice  Chef's Choice	Buttermilk Fried Chicken Breast Buttered Peas Potato Pancakes Sour Cream Gluten Free Chicken Available ...Or...  Blueberry & Cream Cheese Stuffed Croissant French Toast Whip Cream Topping Bacon Roll, Tomato Juice  Apple Rhubarb Cobbler	Chinese Food Night!!!  Sweet & Sour Pineapple Pork (GF-DF) Steamed Broccoli Vegetable Chow Mein Spring Rolls Plum Sauce Roll, Tomato Juice  Meringue & Custard Roll	Beef Stroganoff (GF-DF) Dill Carrots Mashed Potato Mushrooms in Sour Cream & Dill  ...Or...  Lamb Salisbury Steak (GF-DF) Dill Carrots Mashed Potato Beef Gravy Roll, Tomato Juice  Strawberry Shortcake	Salmon & Creamed Leeks (GF) Roasted Beets Stewed Lentils  ...Or...  Veggie Crustless Quiche (GF-DF) Roasted Beets Stewed Lentils Roll, Tomato Juice  Cheesecake Pie	Chicken Cacciatore (GF-DF) Tomato & Pepper Sauce Green Beans Buttered Egg Noodles  ...Or...  Fried Cheddar & Potato Perogies Fried Garlic Coil & Onions Green Beans Sour Cream Roll, Tomato Juice  Apple Crisp	Bacon Pork Tenderloin (GF-DF) Roasted Brussel Sprouts Creamed New Baby Potato Applesauce Roll, Tomato Juice  Strawberry Rhubarb Pie

GF = Gluten Free  
DF = Dairy Free

All Sandwiches Can Be Made GLUTEN FREE. Bring your bread in!!!  
Apples, oranges, and Bananas are available at each meal only as a dessert substitute.